



Medtronic

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Bowel
Long-Term Therapy

Achieve lasting bowel control ...

Leave the Constant Worry Behind

*Move forward with
Medtronic Bowel Control Therapy
and get back to living your life.*

Innovating for life.



Long-lasting bowel control Is Within Your Reach

Once your evaluation of Medtronic Bowel Control Therapy (Sacral Neuromodulation), as delivered by the InterStim® System, is over, you may be one step closer to long-term relief. Now is the time for you and your doctor to decide whether this therapy is the right long-term treatment for you.

It's important to be an active, informed patient, so ask questions and talk to your doctor about this proven, effective treatment. With the help of your doctor and resources from Medtronic, you can feel more comfortable and prepared to have this as your long-term treatment.



Here's your chance to live the life You've Been Missing

Proven control to stop or greatly reduce accidents—Studies of patients followed for one year found that seven out of every 10 patients experienced at least a 50% reduction in weekly accidents compared with accidents before starting Medtronic therapy.¹

Significantly improved quality of life—People using this treatment said they experienced significant improvements in their quality of life.

A minimally invasive treatment when other therapies fail—The procedure for Medtronic Bowel Control Therapy is simpler, and your recovery may be quicker, compared with major bowel surgery.

Please note, not everyone will experience the same results. Medtronic Bowel Control Therapy, delivered by the InterStim® System, has risks similar to any surgical procedure. You should discuss the potential risks and benefits of this therapy with your doctor.

Talk to your doctor about moving forward with Medtronic Bowel Control Therapy for long-term treatment.

¹Wexner SD, Collier JA, Devroede G, et al. Sacral nerve stimulation for fecal incontinence: Results of a 120-patient prospective multicenter study. *Ann Surg.* 2010;251(3):441-449.

What to expect during and after the procedure

For Long-Term Treatment

Your doctor can explain the minimally invasive procedure for starting long-term treatment with a small bowel control device called the **InterStim® System**. This device provides gentle electrical stimulation that helps to correct the miscommunication between the bowel and the brain to relieve your symptoms. The InterStim® System includes the device, a thin wire called a lead that carries the stimulation, and a wireless programmer.



Device and Lead



Wireless Programmer

Here are some key points about the procedure and treatment:

Convenient—The procedure is performed at an outpatient center or hospital.

Short—It takes about an hour, and you'll be able to go home the same day.

Minimally invasive—The device and lead are implanted. The device is placed in your upper buttock just under the skin.

Adjustable—You will be given a wireless controller to stop, start, and adjust your treatment. It's designed to be easy to use—your doctor or nurse can show you how.

Reversible—The device is not permanent. You and your doctor always have the option of turning it off or surgically removing it.



We're here to help you

Make An Informed Decision

The more you know, the easier it can be to make decisions with your doctor about your bowel control. Medtronic has many tools and resources to help you on your journey.

Visit Medtronic's website at www.medtronic.com/bowel

- Find detailed information, answers to common questions, and questions to ask your doctor about long-term treatment with Medtronic Bowel Control Therapy.
- Watch videos to understand how this treatment works and how it has helped to improve the lives of people like you.

Talk to someone who is being treated

Some patients with Medtronic Bowel Control Therapy volunteer to share their success stories with people like you who are considering this treatment. The Medtronic Ambassador Program is a great way to get first-hand information from someone who knows what you are experiencing. Visit **www.interstimambassadors.com**, or call **1-800-664-5111** to request that a volunteer ambassador contact you.

Contact your insurance company

Medicare and many private insurance companies provide coverage for Medtronic Bowel Control Therapy. Before the procedure, make sure to ask your insurance company about your coverage.



Scan this code or visit www.medtronic.com/bowel to see what people are saying about Medtronic Bowel Control Therapy.



Leave the constant worry behind ...

Move Forward With Medtronic Bowel Control Therapy

Important Safety Information

Sacral Neuromodulation for Bowel Control (Medtronic Bowel Control Therapy Delivered by the InterStim® System)

InterStim Therapy for Bowel Control treats chronic fecal incontinence (an accident or leaking involving stool). It should be used after you have tried other treatments such as medications and dietary modifications and they have not worked, or if you are not a candidate for them.

You should have a successful trial assessment before receiving InterStim Therapy. You cannot have diathermy (deep heat treatment from electromagnetic energy) if you have an InterStim device.

Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 18; or for patients with progressive, systemic neurological diseases.

In addition to risks related to surgery, complications can include pain at the implant sites, new pain, infection, lead (thin wire) movement/migration, device problems, interactions with certain other devices or diagnostic equipment such as MRI, undesirable changes in urinary or bowel function, and uncomfortable stimulation (sometimes described as a jolting or shocking feeling).

This therapy is not for everyone. Please consult your physician to decide whether InterStim Therapy is right for you. A prescription is required. For further information, please call Medtronic at 1-800-328-0810 and/or consult Medtronic's website at www.medtronic.com.

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www.medtronic.com

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