



Medtronic

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Long-Term Therapy

Achieve lasting bladder control...

Leave the Constant Worry Behind

*Move forward with Medtronic
Bladder Control Therapy and get
back to living your life.*



Innovating for life.

Long-lasting bladder control

Is Within Your Reach

Once your evaluation of Medtronic Bladder Control Therapy (Sacral Neuromodulation), as delivered by the InterStim® System, is over, you may be one step closer to long-term relief. Now is the time for you and your doctor to decide whether this therapy is the right long-term treatment for you.

It's important to be an active, informed patient, so ask questions and talk to your doctor about this proven, effective treatment. With the help of your doctor and resources from Medtronic, you can feel more comfortable and prepared to have this as your long-term treatment.



Here's your chance to live the life You've Been Missing

Control that's proven to last—In studies, people followed for 5 years had significantly fewer symptoms of overactive bladder, such as daily leaks and frequent urges to urinate. Rates of urinary retention (the inability to fully empty the bladder) were reduced.

Significantly improved quality of life—People using Medtronic Bladder Control Therapy for 6 months said they experienced significant improvements in their quality of life.

Symptom relief when other treatments fail.

Please note, not everyone will experience the same results. Medtronic Bladder Control Therapy, delivered by the InterStim® System, has risks similar to any surgical procedure. You should discuss the potential risks and benefits of this therapy with your doctor.

High patient satisfaction

84% of patients surveyed[†] were satisfied with the treatment

80% of patients said they would undergo the procedure for Medtronic Bladder Control Therapy again

[†]Based on a survey of 49 people with Medtronic Bladder Control Therapy.

What to expect during and after the procedure for Long-Term Treatment

Your doctor can explain the minimally invasive procedure for starting long-term treatment with a small bladder control device called the **InterStim® System**. This device provides gentle electrical stimulation that helps to correct the miscommunication between the bladder and the brain to relieve your symptoms. The InterStim® System includes the device, a thin wire called a lead that carries the stimulation, and a wireless programmer.



Device and Lead



Wireless Programmer

Here are some key points about the procedure and treatment:

Convenient—The procedure is performed at an outpatient center or hospital.

Short—It takes about an hour, and you'll be able to go home the same day.

Minimally invasive—The device and lead are implanted. The device is placed in your upper buttock just under the skin.

Adjustable—You will be given a wireless controller to stop, start, and adjust your treatment. It's designed to be easy to use—your doctor or nurse can show you how.

Reversible—The device is not permanent. You and your doctor always have the option of turning it off or surgically removing it.



**Watch this video to help you decide
if Medtronic Bladder Control Therapy
is right for you.**



*Scan this code or visit
www.everyday-freedom.com
to see what people are saying
about Medtronic Bladder
Control Therapy.*



Medtronic

We're here to help you

Make an Informed Decision

The more you know, the easier it can be to make decisions with your doctor about your bladder control. Medtronic has many tools and resources to help you on your journey.

**Visit Medtronic's website for patients—
www.everyday-freedom.com**

- Find detailed information, answers to common questions, and questions to ask your doctor about long-term treatment with Medtronic Bladder Control Therapy
- Watch videos to understand how this treatment works and how it has helped to improve the lives of people like you



Talk to someone who is being treated

Some patients with Medtronic Bladder Control Therapy volunteer to share their success stories with people like you who are considering this treatment. The Medtronic Ambassador Program is a great way to get first-hand information from someone who knows what you are experiencing. Visit **www.interstimambassadors.com** or call **1-800-664-5111** to request that a volunteer ambassador contact you.

Contact your insurance company

Medicare and many private insurance companies provide coverage for Medtronic Bladder Control Therapy. Before the procedure, make sure to ask your insurance company about your coverage.

***Your doctor is a great resource of information, too.
Talk to your doctor today about moving forward with
Medtronic Bladder Control Therapy for long-term relief.***



Common questions about

Medtronic Bladder Control Therapy

What can Medtronic Bladder Control Therapy do for me?

This long-term treatment significantly improves quality of life by reducing symptoms. It's proven to work in people suffering from frequent urges to urinate (urgency-frequency), frequent leaks (urinary incontinence), and the inability to fully empty their bladder (urinary retention).

How long does it work?

In studies, symptoms of overactive bladder and urinary retention* were significantly reduced in people treated for 5 years. Your experience may vary.

Is this treatment safe?

Medtronic Bladder Control Therapy involves a safe, FDA-approved procedure that doctors have been performing for more than 15 years. It is safe[†] for MRI head scans, a widely used test for diagnosing certain health issues.

Complications from long-term therapy may include pain at the implant site or new pain, infection or skin irritation, movement of the thin wire attached to the device, technical problems with the device, and interactions with certain other devices. These events are typically treatable. For more information, talk to your doctor or refer to the back cover of this brochure.

*This therapy is not intended for people with a urinary blockage.

[†]Under specific conditions. Refer to approved labeling.

Leave the constant worry behind...

Move Forward With Medtronic Bladder Control Therapy

Important Safety Information

Sacral Neuromodulation for Bladder Control

(Medtronic Bladder Control Therapy Delivered by the InterStim® System)

InterStim Therapy for Urinary Control treats urinary retention (inability to completely empty the bladder) and the symptoms of overactive bladder, including urinary urge incontinence (leakage) and significant symptoms of urgency-frequency. It should be used after you have tried other treatments such as medications and behavioral therapy and they have not worked, or you could not tolerate them.

You should have a successful trial assessment before receiving InterStim Therapy. You cannot have diathermy (deep heat treatment from electromagnetic energy) if you have an InterStim device.

InterStim Therapy is not intended for patients with a urinary blockage. Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 16; or for patients with neurological diseases such as multiple sclerosis.

In addition to risks related to surgery, complications can include pain at the implant sites, new pain, infection, lead (thin wire) movement/migration, device problems, interactions with certain other devices or diagnostic equipment such as MRI, undesirable changes in urinary or bowel function, and uncomfortable stimulation (sometimes described as a jolting or shocking feeling).

This therapy is not for everyone. Please consult your physician to decide whether InterStim Therapy is right for you. A prescription is required. For further information, please call Medtronic at 1-800-328-0810 and/or consult Medtronic's website at www.medtronic.com.

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